



## What is Drop-in Clinic?

Drop-in clinic provides parents in the ACT with an opportunity to discuss issues about their child's communication skills with a Speech Pathologist, or discuss issues about their child's gross motor development and posture, movement and walking with a Physiotherapist.

### **Please note that only residents of the ACT are able to access Drop-In Clinic Services.**

Drop-in clinics take the form of an informal discussion and screen of skills, and it is not a formal assessment.

No appointment is necessary, however, for Speech Pathology Drop-in Clinics, an approximate timeslot will be provided upon arrival. A wait to see a therapist should be expected, and will vary depending on the number of people who attend the Drop-In Clinic. There are a limited number of people who can be seen within the Drop-In Clinic session and if the maximum number is reached parents will be advised to attend another Drop- In Clinic or contact Intake.

If further assessment and/or intervention is recommended following Drop-in, a referral will be made to the appropriate service.

## Who should come to a Drop-in Clinic?

Parents are welcome to bring their child to a Drop-in Clinic if they have concerns about their children in any of the following areas:

### **Physiotherapy (from birth to the end of primary school)**

- Posture
- Foot Position, eg. in-toeing, out-toeing, flat feet
- Clumsiness
- Delays in reaching milestones, eg. sitting, standing, walking
- Delays in gross motor development, eg. jumping, hopping, climbing
- Difficulties with catching, throwing, kicking balls

**Speech Pathology (from birth to the end of Kinder** – for concerns in older children, please contact the Intake Line on 6205 1246)

- Speech (sounds)
- Language (understanding and speaking)
- Fluency (stuttering)

### **The following concerns are not addressed through Drop-in Clinics:**

- \* **Sporting injuries, back conditions and painful joints** (refer to your doctor)
- \* **Voice disorders**
- \* **Fine Motor Problems**, e.g. handwriting, cutting (please contact Therapy ACT's Intake Line)
- \* **Feeding and Swallowing Issues** (please contact Therapy ACT's Intake Line)

Further information regarding Drop-in clinics can be found on Therapy ACT's website:  
[http://www.dhcs.act.gov.au/therapyact/drop\\_in](http://www.dhcs.act.gov.au/therapyact/drop_in)

