



Information sheet

Children and young people's respite services - Disability ACT

The Respite service provides a supported environment that endeavours to make each child and young person's stay as enjoyable and homelike as possible to enable their primary carer/s to take a well-earned break.

Disability ACT currently operates two respite houses for children and young people. Kese is located in Kaleen and provides respite for children from the ages of 5 to 12 years. Teen is in Narrabundah and provides respite for adolescents and young adults from the ages of 13 to 18 years.

Am I eligible for respite?

Respite services are available to all ACT residents whose children have a diagnosed intellectual disability or other significant developmental delay and are supported at home.

Children accessing Kese or Teen respite need to be attending school fulltime or another form of day program as the houses are not staffed from 10am until 3pm, Monday to Friday day time. Support workers are provided during holiday periods.

How often can we access respite?

Respite is generally offered to families for up to one week in five or six. However, families can request respite in the event of an emergency or at other times and every attempt will be made to provide the service needed to assist the family.

What does it cost?

Respite fees vary depending on the age of the child, children from 5 to 15 years pay a nightly fee of \$5.80 and from 16 to 17 years of age pay a nightly fee of \$22.70. (Fees are subject to change)





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Staying healthy at respite

As some respite users can be vulnerable to illness, anyone who is unwell or who becomes unwell may not be able to stay.

Should your child require medication it needs to be provided in Webster-paks to ensure it is correctly administered.

What if we have special meal requirements?

If your child has special dietary requirements please let staff know. You will need to provide special dietary foods such as gluten free products, soymilk for your child.

All meals are prepared at the house by our staff who endeavour to provide variety of healthy and nutritious meals.

Would you like more information?

If you would like to discuss your family's respite needs or require more information regarding Disability ACT respite services for children and young people please contact Disability ACT on 02 6207 1086.

