

DOMESTIC VIOLENCE

Updated September/10

DV 1

Breaking The Silence : survivors of child sexual abuse speak out / edited by Liz Mulliner and Candida Hunt

1997 ISBN 0733604838

100 stories from survivors of childhood sexual abuse (men and women) tell of their emotional pain and healing. Abuse affects physical and mental well-being, sexuality, parenting, and relationships with parents and partners. Abusers can be women, and abuse can be ritual or sadistic.

DV 2

Daybreak : Meditations for Women Survivors of Sexual Abuse / Maureen Brady

1991 ISBN 0894867598

Positive affirmations help childhood sexual abuse survivors with problems of intimacy, fear, play, sharing secrets and anger.

DV 3

All About Rape / Canberra Rape Crisis Centre

1987

Booklet contains information about rape and sexual assault of men, women and children: myths, counselling, emotional responses, effect of rape on relationships, information for partners and friends, medical issues, legal matters (reporting a rape, court processes), sexual assault services, refuges and accommodation contacts in ACT.

DV 4

The Survivor's Guide to Sex : How to Have an Empowered Sex Life After Child Sexual Abuse / Staci Haines

1999 ISBN 1573440795

Women (heterosexual, bisexual, lesbian, partnered or single) who have been abused can recover sexually. Topics such as pleasure and desire, dissociation, embodied sex, consent and boundaries, triggers, explicit sex information, and emotional healing and intimacy are discussed.

DV 5

Surviving Rape : a handbook about rape for survivors, family, friends and workers / Sydney Rape Crisis Centre

1995 Third edition fully revised. ISBN 094720542X

The myths about rape are exposed and questions are answered about sexual assault services, medical treatment (including HIV/AIDS support), legal rights, reporting of rape, rape and Aboriginal and Torres Strait Islander women, telling family and friends, safety and self defence, and compensation . Also includes sections on child rape and sexual assault, and rape in war and as torture.

DV 6

Child Sexual Abuse Within the Family / edited by Ruth Porter

1984 ISBN 042279290X

Intended for medical professionals, counsellors, probation officers, teachers, youth workers, legal professionals and police who are involved in the management of sexually abused children and their families. Covers definitions, risk factors, family characteristics, generational sexual abuse, effects, management (investigation, legal issues, counselling, treatment), and prevention (education, self-help groups). Includes case studies.

DV 7

Healing the Shame that Binds You / John Bradshaw

1988 ISBN 0932194869

Shame is the core problem in our compulsions, co-dependencies, addictions and the drive to super-achieve, resulting in the breakdown in the family system and an inability to go forward with our lives. Definition and solutions to 'toxic' shame such as affirmations, visualizations, listening to 'inner voices' and feelings, and guided meditations are outlined.

DV 8

Surviving Sexual Abuse / Elizabeth Kelly

1995 ISBN 1875531785

Contains an overview of child sexual abuse, an exploration of strategies to limit damage and speed recovery for adult survivors (men as well as women). Family reaction and partner support are also mentioned.

DV 9 (2 copies A & B)

You Can't Say That to Me : stopping the pain of verbal abuse - an 8 step program / Suzette Haden Elgin

1995 ISBN 0471003999

By analysing the conflict demonstrated by scenarios of verbal abuse, the patterns can be recognised and specific language techniques that avoid escalating arguments and break the cycle of abuse can be employed. Includes questionnaires and diaries that help analyse abusive situations, evaluate responses, and track progress.

DV 10

Crimes of Violence : Australian response to rape and child sexual assault /

edited by Jan Breckenridge and Moira Carmody

1992 ISBN 1863732020

The book provides information about rape and child sexual assault (incest) and documents the historical attitudes underpinning Australian social attitudes. Contains guidelines for sexual assault counselling, organising support groups and addressing the specific needs of those in rural areas, those suffering sexual abuse associated with drug and alcohol abuse, and those suffering sexual assault in Aboriginal and ethnic communities and those with disabilities.

DV 11

The Courage to Heal Workbook : for women and men survivors of child sexual abuse / Laura Davis

1990 ISBN 0060964375

By using writing or artistic expression, survivors of childhood sexual abuse can resolve their emotional responses and move on.

DV 12 (2 copies A & B)

Ghosts in the Bedroom : a guide for partners of incest survivors / Ken Graber

1988 ISBN 155874116X

Although the impact of incest or sexual abuse can destroy relationships and test long-standing commitments, the information in this book may be the key to holding your relationship together through the journey to recovery.

DV 13

Facts on Rape / The Brisbane Rape Crisis Collective

1990

Myths about rape, what to do after being raped, emotional responses by victims, family and friends, , legal issues and investigations, medical issues, how to support a rape survivor, political aspects of rape, empowerment and support organizations are

outlined.

DV 14

The Obsidian Mirror : an adult healing from incest / Louise M Wischild

1993 2nd edition ISBN 1878067397

An adult survivor of childhood incest tells her story of passing from fear and grief to rage and resolve and then to a spiritual reawakening and reclamation of herself.

DV 15

Betrayal of Innocence : incest and its devastation / Susan Forward and Craig Buck

1988 ISBN 014011002X

This book explores the traumatic effects of incest and analyses its causes and consequences on every member of a family.

DV 16 2 Copies

Even in the Best of Homes : violence in the family / Jocelyne A Scutt

1990 ISBN 0949646350

The family in law, child abuse (violence, neglect and sexual abuse), domestic violence, rape, and murder, and the responses of family, friends, police, courts, women's refuges to domestic violence are recounted and ways of ending crime in the family and political solutions are proposed.

DV 17

[Hells] Belles Letters : lines from the homefront / Homefront Belles Australia in conjunction with the Incest Centre

1990 ISBN 0646005138

Stories and poems by abused women.

DV 18

Working for Change : the movement against domestic violence / Heather McGregor and Andrew Hopkins

1991 ISBN 1863730192

Focuses on the establishment of the Domestic Violence Crisis Service in Canberra in 1988 and its delivery and effects on the legal system and social change.

DV 19

Model Domestic Violence Laws : report / Domestic Violence Legislation Working Group

1999 ISBN 0642209650

Definitions of domestic violence, domestic violence orders (police response, protection applications, court powers and procedures, protection orders), external protection orders, police functions and powers, appeals, service or applications and orders, offences and arrests are reviewed and best practice legislation is recommended.

DV 20

The Abusive Personality : violence and control in intimate relationships /

Donald G Dutton

1998 ISBN 1572303700

Male abusers may have underlying personality defects and symptoms of trauma from their early childhood.

DV 22

Survival and Beyond : an anthology of stories by victims of crime and a victim's resource guide / edited by Barbara Giuliano

1998 ISBN 0646363638

Parents and siblings of children accidentally or criminally killed, accident victims themselves, victims of physical and sexual abuse, victims of crime and domestic violence, tell their stories.

DV 23

Blood on Whose Hands? : the killing of women and children in domestic homicides / Women's Coalition Against Family Violence [Victoria]

1994 ISBN 064617924

Confronts the realities of fatal domestic violence. Reveals the fears of the victims, exposes the power of perpetrators, and questions the inadequate response of society and the Australian legal system.

DV 24

Facing the Unthinkable : a survival guide for mothers whose children have been sexually abused / Marie-Pierre Cleret et al

1990 ISBN 0958949727

Mothers of incest victims cope with the needs of their child, their own responses and the reactions of family and friends while dealing with the loss of trust in a partner or relative (the usual perpetrator) and this book discusses where to go for help, what to expect, and how to get support. Two mothers' stories are recounted.

DV 25 (also R 54)

Too Good to Leave – Too Bad to Stay: a step-by-step guide to help you decide whether to stay in or get out of your relationship / Mira Kirshenbaum

1996 ISBN 0140267387

After answering questions and analysing the relationship, guidelines on deciding whether to continue or to leave a partner can be followed. Case studies illustrate the process and outcome.

DV 26

Voices of the Survivors : powerful and moving stories from survivors of sexual assault / Patricia Easteal

1994 ISBN 1875559248

The responses of Australian women to a survey about rape and sexual abuse carried out in 1992 are retold. The myths about rape and accounts of incest and assault by husbands, estranged partners, dates and boyfriends, acquaintances, bosses, doctors, priests, and other professionals, and strangers are told.

DV 27

The Presence of the Past : Male Violence in the Family / Jan Horsfall

1991 ISBN 0044423268

Investigates patriarchal structures and practices such as law, the social security/tax system, the employment/unemployment/wage system and male ideologies embedded in professional practices, which can set a climate for domestic violence. Examines power relations in marriage, father-son relations, and men with high dependency needs, and makes suggestions for the way ahead.

DV 28

Ending men's violence against their partners : one road to peace / Richard A Stordeur and Richard Stille

1989 ISBN 0803935005

Focuses on counselling for men who are violent against their partners rather than investigating the roots of domestic violence. Divided into theoretical aspects of assault and assaulters, first contacts and crisis intervention, assessment, treatment using groups, and issues for counsellors. Includes case studies.

DV 29

Breaking free from domestic violence / Jerry Brinegar

1992 ISBN 089638263X

Briefly reviews the history and causes of family violence, examines several types of abuse (physical, sexual and emotional abuse and also destruction of property, abuse of pets and sociocultural abuse), and outlines how to stop it and make marriage and parenting work. For perpetrators, women, children, old people, siblings and students.

DV 30

Free yourself from an abusive relationship : 7 steps to taking back your life /

Andrea Lissette and Richard Kraus

2000 ISBN 0897932579

A practical plan which involves recognising abusive behaviour, learning about abusers and victims, preparing for emergencies, getting help after a crisis, making the decision to stay or leave, learning to heal and rebuild, and remaining abuse-free.

DV 31

Surviving rape : a handbook to help women become aware of the reality of rape

/ Sydney Rape Crisis Centre

1990 2nd edition fully revised ISBN 0947205144

The myths about rape are exposed and questions are answered about sexual assault services, medical treatment, legal rights, reporting of rape, rape and Aboriginal and Torres Strait Islander women, telling family and friends, safety and self defence and compensation .

Updated 3rd edition DV 5.

DV 32

The Verbally Abusive Man: Can He change? / Patricia Evans

2006 ISBN 1 59337 653 7

A guide to deciding whether to stay or go and what to do when it is. Combines practical applications and the latest clinical research.

DV 33

It's my life now : starting over after an abusive relationship or domestic

violence / Meg Kennedy Dugan and Robert R. Hock

2000 ISBN 0415923581

Guidance and support for the emotional and practical needs of women who have left an abusive relationship are offered. Emotional pain, feelings of loss, and self-esteem problems are discussed and the temptation to go back to the abuser is addressed. Child care, financial matters, personal safety and legal problems (USA) are mentioned. 'Self-exploration' exercises and activities for personal growth are included.

DV 34

Is domestic violence too close to home : a kit for rural women / Loddon Mallee

Women's Health for Office of the Status of Women

1997

[also titled National rural domestic violence kit at
<http://www.osw.dpvc.gov.au/content/rural/ruralwom.htm>]

12 pamphlets in kit titled

Violence?

Risks for women – a check list

Steps you can take

Planning to be safe

Services that can help

Why does she stay / Local services
Country women – strong women
You are important
What about the kids?
Can the law help you?
Helping hands – friends, family, community
The law in your state.

Covers types of domestic violence, identification of domestic violence, an action plan, difficulties of leaving, community attitudes, women's rights, children's reactions, legal matters, helping a friend in need, and emergency contact telephone numbers.

DV 35

Controlling People / Patricia Evans

2002 ISBN 1 58062 569 X

A guide to help recognise, understand and deal with people who try to control others.

DV 36

The Verbally Abusive Relationship / Patricia Evans

1992 ISBN 1 55850 582 2 second edition

Explores the damaging effects of verbal abuse on the family, and offers insight and recommendations to therapists and those who seek therapeutic support.

DV 37

But He Says He Loves Me / Dina L McMillan

2007 ISBN 978 1 74175 196 3

How to avoid being trapped in a manipulative relationship, how it happens, how to recognise it and what you can do about it.

DV 38

The way forward : children, young people and domestic violence / [proceedings of conference sponsored by Partnerships Against Domestic Violence Program, held in Melbourne 26-27 April 2000]

2000 ISBN 0642705607

DV 39 3 copies

Real Rape Real Pain / Patricia Eastal and Louise Ormond- Plummer

1996 ISBN 1 876462 43 4

This book, by and for survivors, aims to help readers understand the trauma of an attack by an intimate partner. Covers rights, boundaries, prevention and healing and challenges both the silence and social myths about what 'real' rape is.

DV 40

Power and Control / Sandra Horley

2000 ISBN 0091884322

Why charming men can make dangerous lovers.

DV 41

Verbal Abuse – Survivors Speak Out / Patricia Evans

1993 ISBN 1 55850 304 8

Survivors of verbal abuse speak about their experiences on relationships and recovery. With insights and analysis by the author. Useful information for victims/survivors of verbal abuse, their families and community professionals.

DV 42

To Be an Anchor In The Storm / Susan Brewster

1997 ISBN 1580050379

A practical guide for families and friends of abused women.

DV 43

Why Does He Do That? / Lindy Bancroft

2002 ISBN 0 425 19165 6

An informative book on the subject of abusive, angry and controlling men. Includes information on the early warning signs, abusive personality types, the role of drugs and alcohol, what can and can't be fixed and how to get out of a relationship safely.

DV 44

Enough / Patricia Hughes

2004 ISBN 1 876756 40 3

Patricia Hughes' personal account of surviving an abusive relationship.

DV 45

Don't Pick on Me / Rosemary Stones

1988 ISBN: 1853401595

A discussion in to why some people bully, why others are bullied and what can be done to change things.

DV 46

Triumph Over Darkness / Wendy Ann Wood

1988 ISBN: 0941831868

A collection of prose addressing various aspects of abuse, including ritualistic abuse, multiple personality disorder as well as providing insight on the stages of healing. Provides an understanding of recovery as predictable process and see that healing is possible.

DV 47

Surviving the Legal System / Dr S Caroline Taylor

2004 ISBN: 095807377-5

An Australian handbook for adult & child sexual assault survivors & their supporters. Helps survivors prepare for the procedures, strategies and tactics that Defence Barristers often use in sexual offence trials. It is also the inspiring story of the author who experienced a sexual offence trial first-hand and challenged the legal system by exposing it's inadequacies.

DV 48

Hurting and Healing / Gloria Wade

2001 ISBN 1 84333 095 4

Provides an understanding about the impact of sexual abuse and rape and includes strategies in how to overcome the trauma.

DV 49

How Long Does it Hurt? / Cynthia L. Mather with Kristina E. Debye

2004 ISBN 0 7879 7569 9

A guide to recovering from Incest and sexual abuse for teenagers, their friends, and their families.

DV 50

Back Off Bully / Mark Dobson

2002 ISBN 1 86471 053 3

A crash course in stopping bullies.

DV 51

No Safe Place, The Legacy of Family Violence/ Christina Crawford

1994 ISBN 0 88268 184 2

This book talks about violence within the family and the devastating effects it has on children.

DV 52

Breaking the Cycle of Abuse/ Beverly Engel

2005 ISBN 0 471 65775 1

This book is a beacon of hope for women and men who fear that they will pass the abuse they have suffered on to their children, partners or employees. Humane and compassionate but also clear and down to earth, this is a wonderful contribution to the literature of healing.

DV 53

Not Under Bondage / Barbara Roberts

2008 ISBN 9780980355345

Written by a survivor of domestic violence, this book is for Christian victims of marital abuse who believe they must choose between two unpleasant alternatives: endure abuse, or face condemnation by God and the church for disobeying the Bible. Careful examination of the scriptures and scholarly research shows how the Bible sets victims of abuse free from bondage and guilt.

DV 54

The Emotionally Abusive Relationship: how to stop being abused and how to stop abusing / Beverly Engel

2002 ISBN 0471212970

Whether you suspect you are being emotionally abused, fear that you might be emotionally abusing your partner, or think that both you and your partner are emotionally abusing each other, this book is for you.

DV 55

Why Does He Do That? Inside the minds of angry and controlling men / Lundy Bancroft

2002 ISBN 978-0-425-19165-1

In this book, a counsellor who specialises in working with abusive men show you how to improve, survive, or leave an abusive relationship.

DV 56

Father Daughter Rape / Elizabeth Ward

1984 ISBN 0 7043 3924 2

Combines a series of personal accounts by women with research and analysis. For women who have been sexually abused, their families and the professionals who work with them.

DV 57

But he Says He Loves Me / Dina L McMillan

2007 ISBN 978 1 74175 196 3

Shows how to identify and get out of a relationship with an emotionally abusive or manipulative man.

DV 58

But I love Him - Protecting Your Teen Daughter from Controlling, Abusive Dating Relationships. / Jill Murray

2000 ISBN 0 06 095729 8

Describes how parents can talk to their daughters about dating and the elements of a healthy relationship. Details the risks and warning signs of potentially abusive

relationships.

DV 59

Before It's Too Late - Helping Women in Controlling or Abusive Relationships /

Robert J Ackerman

1995 ISBN 55874 345 6

Answers questions for and about women who are in controlling or abusive relationships. Includes self-assessment tests to help women identify high risk men and their own high risk behaviours.

DV 60

Reality Checks - Lifelines for People Caught in Abusive Relationships / Lynn Melville

2005 ISBN 09760600 4 3

A collection of excerpts from 'Boomerang Love-Getting Unhooked from Abusive Borderline Relationships' which chronicles the author's personal experiences from crippling depression to exuberant expression and living life again.

DV 61

In Love and In Danger / Barrie Levy

2003 ISBN 10 1 58005 187 1

A teen's guide to breaking free from abusive relationships. Helps teens and parents understand abusive dating situations, decide how to deal with them and learn how to get help.

DV 62

Take Back Your Life / Janja Lalich and Madeleine Tobias

2006 ISBN 10 0 9720021 5 4

Cult victims and those who have experienced abusive relationships can suffer from fear, confusion, low self esteem and post traumatic stress. Explains the seductive draw that leads people into such situations and provides information for assessing what happened and how to get back on track.

DV 63

Let Yourself Go / Judy Foster

2009 ISBN 978 1 4502 0112 4

Uses biblical quotes and the author's personal experience to encourage and empower women to break free from abusive relationships.

DV 64

Dangerous Dating / Patricia Riddle Gaddis

2000 ISBN 978 0 87788 713

Most violent relationships begin with a date. Offers parents counsellors and pastors a guide for helping teens and young women avoid or break out of abusive dating relationships. Included is a tool for girls to assess their own relationships.